

Training Hallensaison 2021/22

Hallentraining (Stein = Stein-Gymnasium: Diekmannstr. 141 / Sentruper Höhe = Sentruper Straße)

| montags Stein | dienstags Stein | mittwochs Stein | donnerstags Stein | freitags Stein | freitags Sentruper Höhe |
|--|--|--|--|---|--|
| 16.30 - 18.00 WU8 (Mä D) Hannah, Elin | 16.30 - 17.45 WU 14 (Mä A) Carl Philipp, Adele, Greta | 16.15 - 17.45 MU 8 (Kn D) Tobi, Miles, Henrike | 16.30 - 18.00 WU 12 (Mä B) Jule, Lisa, Johanna | 16.00 - 17.30 MU 12 (Kn B) Henrike, Johannes, Linus | 14.45 - 16.00 Minis Tobi, Miles, Hannah |
| 18.00 - 19.30 WU 10 (Mä C) Britt, Luisa, Frida | 17.45 - 19.00 MU16/18 / WU16/18 Carl Philipp, Lisa, Henrike, Max | 17.45 - 19.00 MU 10 (Kn C) Ella, Jakob, Tom | | 17.30 - 19.00 MU 14 (Kn A) Eva, Henrike | 16.00 - 17.30 MU16/18 / WU16/18 Carl Philipp, Lisa, Henrike, Max |
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| | | | | | Hans-Böckler-Halle |
| | | | | | 20.30-22.30 Hobby offen alle Erw. |

Feldtraining (Dingbängerweg 349)

| montags | | dienstags | | mittwochs | | donnerstags | freitags | |
|--------------------------------------|-------------------------------------|--------------------------------------|--------------------------------------|--------------------------------------|----------------------------------|---|------------------------|-------------------------------------|
| 16.30 - 18.00 MU 10 E., J., T. | 17.15 - 18.15 MU12 /14 E., H. | 16.00 - 17.30 MU 12 H., J., L. | 16.00 - 17.30 WU 12 J., L., J. | 17.00 - 18.30 WU 10 B., L., F. | 17.45 - 19.30 MU 14 E., H. | 16.00 - 17.30 WU8 (Mä D) Hannah, Elin | 16.30 - 18.00 WU 14 | 16.30 - 17.30 MU 8 T., M., H. |
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Altersklassen

Minis = 2015 und jünger

U8 = 2013/14

U10 = 2011/12

U12 = 2009/10

U14 = 2007/08

U16 = 2005/06

U18 = 2003/04